## Effects of Clioquinol on Metal-Triggered Amyloid- $\beta$ Aggregation Revisited

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Amyloid- $\beta$  (A $\beta$ ) plaques are largely associated with the neuropathogenesis of Alzheimer's disease (AD). Metal ions such as Cu<sup>II</sup> and Zn<sup>II</sup> have been implicated as contributors to their formation and deposition. Metal chelators have been used to modulate metalinduced A $\beta$  aggregation. The bidentate ligand clioquinol (CQ) presents an effective influence on metal-involved A $\beta$  aggregation, which has been explained through its metal chelation and is generally monitored by fluorescence and turbidity assays in vitro. The studies herein, however, suggest that the effects of CQ on metal-driven A $\beta$  aggregation may not be visualized accurately by both assays. Subsequently, the present work demonstrates that CQ is able to chelate metal ions from metal-A $\beta$  species and to assist, in part, in the disaggregation of A $\beta$  aggregates, but it could not completely hinder the progression of A $\beta$  aggregation.

Alzheimer's disease (AD), a currently incurable, progressive neurodegenerative disorder, is the leading cause of dementia in the elderly, affecting nearly 11 million people worldwide.<sup>1-3</sup> Memory loss and cognitive decline are distinctive symptoms of the disease and are potentially severe enough to be terminal within a decade after diagnosis. One hallmark of AD is the presence of accumulated amyloid- $\beta$  (A $\beta$ ) plaques. Causes leading to the development of A $\beta$  deposits are not well understood.<sup>3-5</sup> It has been suggested that metal ions such as Cu<sup>II</sup> and Zn<sup>II</sup> are involved in the assembly and neurotoxicity of A $\beta$  species.<sup>1,3-6</sup> Metal ions are able to accelerate the formation of A $\beta$  aggregates and influence their conformational transformation. In addition,

Scheme 1. Proposed Influence of CQ on the Progression of Metal-Induced A $\beta$  Aggregation

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the formation of reactive oxygen species (ROS) by Cu–A $\beta$  has been suggested as one proposed mechanism of AD pathogenesis.<sup>3,5–10</sup> The A $\beta$ -bound Cu<sup>II</sup> (Cu<sup>II</sup>–A $\beta$ ) may catalytically generate hydrogen peroxide in the presence of dioxygen and reducing agents. This could cause an increase in oxidative stress, which triggers damage of cellular components such as DNA, lipids, and proteins.<sup>3,9,10</sup>

As logically expected, metal-ion chelation therapy as a treatment for AD has been explored to prevent  $A\beta$  deposition and ROS production.<sup>5,11–18</sup> The generation and resolubilization of metal-associated  $A\beta$  aggregates could be controlled by metal chelators (Scheme 1). Among several chelators, clioquinol (CQ), known as an antiamoebic

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## Communication

compound, significantly reduces A $\beta$  plaque deposits, leading to improved cognitive behavior, in early phase II clinical trials.<sup>5,18</sup> Unfortunately, the long-term use of CQ is limited by an adverse side effect, subacute myelo-optic neuropathy.<sup>19,20</sup> Even though CQ is not currently used as a therapeutic agent in AD treatment, its in vivo studies demonstrate that metal-ion chelation therapy is a promising route for curing AD.

The mechanism behind the effectiveness of CQ shown in vitro and in vivo is still elusive. Structural characterization of the metal(CQ) complexes (metal =  $Zn^{II}$  or  $Cu^{II}$ ) reveals a 1:2 metal-to-ligand ratio showing a trigonal-bipyramidal geometry for  $[Zn(CQ)_2(H_2O)]$  and square-planar geometry for [Cu(CQ)<sub>2</sub>] (CQ is deprotonated in both structures).<sup>21</sup> The influence of CQ on the inhibition of the formation of metalinduced A $\beta$  species as well as their disaggregation in vitro (Scheme 1) has been monitored by fluorescence [Thioflavin-T (ThT)] and turbidity assays.<sup>11,12,17</sup> Both analytical methods, however, may not be suitable for determining the degree of  $A\beta$  aggregation in samples containing metal ions, CQ, and A $\beta$ . The general windows for both ThT ( $\lambda_{ex} = ca. 440$  nm;  $\lambda_{em} = 490$  nm) and turbidity (ca. 350–450 nm) measurements can overlap with the absorption of CQ and its corresponding metal complexes.<sup>11–17,22–24</sup> Consequently, it is important to reevaluate the ability of CQ to chelate the metal ions from metal-associated A $\beta$  species and to control the progression of A $\beta$  aggregation. Here we report visualization of how CQ modulates the generation and disaggregation of metal-induced A $\beta$  species by transmission electron microscopy (TEM), BCA protein analysis, and circular dichroism (CD) spectroscopy. These studies demonstrate that metal chelation by CQ occurs and CQ aids in the partial disassembly of A $\beta$  aggregates, but it could not completely prohibit A $\beta$  aggregation.

To study the impact of CQ on metal-induced A $\beta$  species, two separate experiments were performed: its influence on the formation of metal-triggered A $\beta$  aggregates (inhibition experiments; Figure 1, top) and its effect on the disassembly of metal fibrils (disaggregation experiment; Figure 2, top). The degree of A $\beta$  aggregation was verified by TEM, BCA protein analysis, and CD.<sup>25</sup> All samples containing Cu<sup>II</sup> and Zn<sup>II</sup> were buffered at pH 6.6 and 7.4, respectively.<sup>13a</sup>

For inhibition experiments (Figure 1), the samples were prepared as follows: freshly prepared  $A\beta$  was first treated with metal ions for 2 min and introduced to CQ for 24 h at 37 °C with constant agitation. The TEM images illustrate significant  $A\beta$  aggregation from the samples of the inhibition experiments (Figure 1, bottom). Upon incubation of  $A\beta$  with

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**Figure 1.** Scheme of inhibition experiments (top). TEM images (bottom) of samples containing (a) metal-free  $A\beta$  (pH 6.6), (b)  $A\beta$  and  $Cu^{II}$ , (c)  $A\beta$ ,  $Cu^{II}$ , and CQ, (d) metal-free  $A\beta$  (pH 7.4), (e)  $A\beta$  and  $Zn^{II}$ , and (f)  $A\beta$ ,  $Zn^{II}$ , and CQ ([ $A\beta$ ] = 25  $\mu$ M, [metal] = 25  $\mu$ M, and [CQ] = 50  $\mu$ M). Samples were incubated for 24 h at 37 °C with constant agitation. The scale bar depicted in the figure indicates 500 nm.



**Figure 2.** Scheme of disaggregation experiments (top). TEM images (bottom) of (a) Cu<sup>II</sup>–A $\beta$  fibrils at pH 6.6, Cu<sup>II</sup>–A $\beta$  fibrils incubated with CQ (b) for 2 h and (c) for 24 h, (d) Zn<sup>II</sup>–A $\beta$  fibrils (pH 7.4), Zn<sup>II</sup>–A $\beta$  fibrils incubated with CQ (e) for 2 h and (f) for 24 h (inset: expanded area showing spherical species) ([A $\beta$ ] = 25  $\mu$ M, [metal] = 25  $\mu$ M, [CQ] = 50  $\mu$ M, 37 °C, constant agitation, scale bar = 500 nm).

or without metal ions, well-ordered, mature fibrils are observed (Figure 1a,b,d,e). On the other hand, when CQ is added into the samples of  $A\beta$  and metal ions, clusters of short fibrils with mature fibrils are present (Figure 1c,f). In addition, samples of metal-free  $A\beta$  treated with CQ or the Cu(CQ) complex, generated in situ by reacting CQ with Cu<sup>II</sup> in a ratio of 2:1, also show  $A\beta$  aggregates containing a mixture of defined and amorphous  $A\beta$  species (Figure S2 in the Supporting Information). The morphology of these  $A\beta$  species shown in Figure S2 is different from that of CQ-treated metal- $A\beta$  (Figure 1c,f). Taken together, these TEM results suggest that CQ is capable of triggering the different organization of  $A\beta$  aggregates, but  $A\beta$  aggregation could still be progressing following its metal chelation.

The contents of soluble  $A\beta$  species in the inhibition experiments were also determined by BCA protein analysis. Over a 24-h period of incubation time, a significant decrease of soluble  $A\beta$  (%) in metal-containing  $A\beta$  samples (<10%) over metal-free  $A\beta$  samples (ca. 70%) occurs (Figure S3 in the Supporting Information). The metal- $A\beta$  samples treated

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with CQ show no distinguishable difference in the amount of soluble A $\beta$ , compared to that from samples without CQ at early time frames ( < 1 h), suggesting that CQ may not inhibit initial metal-induced A $\beta$  aggregation. On the other hand, the amount of soluble A $\beta$  is increased to ca. 30% in the CQ-treated samples of metal-A $\beta$  over the duration of incubation from 1 to 24 h, while it is further reduced to < 10% from the metal-A $\beta$  samples.<sup>26</sup> This could have resulted from the limited inhibition of the generation of A $\beta$  aggregates, their partial disaggregation, or both by CQ over a period of incubation (infra vide). Overall, the analyses of the inhibition samples by TEM and BCA reveal that CQ may hinder slightly the progression of A $\beta$  aggregates.

For the disaggregation studies (Figure 2), CQ was treated for 2 or 24 h with A $\beta$  fibrils, generated by reacting freshly prepared A $\beta$  with or without metal ions for 24 h at 37 °C with continuous agitation. Upon treatment of CQ with welldefined, mature metal-A $\beta$  fibrils (Figure 2a,d), their significant structural transformation is visible by TEM (Figure 2, bottom). In the Cu<sup>II</sup> sample, the morphology of Cu<sup>II</sup>-A $\beta$ fibrils is altered from mature, structured fibrils to a mixture of short aggregates and defined fibrils (after 2 h, Figure 2b) or to hairlike fibrils (after 24 h, Figure 2c). More markedly, the mature, well-ordered  $Zn^{II} - A\beta$  fibrils are transformed into a combination of short fibrils and a small portion of spherical species<sup>23</sup> after 24 h incubation (Figure 2f). In addition, metalfree  $A\beta$  fibrils with CQ are also reshaped to short and/or long, undefined fibrils but not to spherical species (Figure S4 in the Supporting Information). These observations suggest that CQ induces the disassembly of A $\beta$  fibrils, but the complete disaggregation of A $\beta$  aggregates by CQ does not take place.

The percentage of soluble  $A\beta$  from samples of the disaggregation experiments is increased upon the addition of CQ to Cu<sup>II</sup> – and Zn<sup>II</sup> – A $\beta$  fibrils, relative to that from samples of CQ-untreated metal-A $\beta$  fibrils (Figure S5 in the Supporting Information; from ca. 9% to 20% for the Cu<sup>II</sup> samples and from ca. 4% to 14% for the Zn<sup>II</sup> samples). This enhanced content of soluble  $A\beta$  could be a consequence of the disaggregation of metal-A $\beta$  fibrils by CQ, as shown in the TEM images of Figure 2. Still, the overall amount of soluble A $\beta$  from the CQ-treated samples of metal-A $\beta$  is less than that from samples of metal-free A $\beta$  incubated with CQ. In addition, the Zn<sup>II</sup>-triggered  $\beta$ -sheet structure of A $\beta$ , which can be monitored by CD,<sup>14,16</sup> is very slightly reduced after 5 h incubation with CQ (Figure S6 in the Supporting Information). The  $\beta$ -sheet conformation of metal-induced A $\beta$  fibrils even after 24 h incubation of CQ is monitored by CD. Thus, the results of the disaggregation experiments

suggest that CQ could refashion the structural conformation of A $\beta$  fibrils, but recovery of small, soluble A $\beta$  species is limited through the disassembly of well-structured metal-A $\beta$ fibrils by CQ.

On the basis of the observations from the experiments above, treatment of CQ does not completely hinder  $A\beta$ aggregation and break down  $A\beta$  fibrils. From this, a question arises, does metal chelation occur when CQ is allowed to react with metal- $A\beta$  species? Immediately after the addition of CQ to the Cu<sup>II</sup>- $A\beta$  samples in both experiments of inhibition and disaggregation, the optical band at 450 nm is clearly evident (Figure S7 in the Supporting Information). This band corresponds to a ligand-metal charge transfer from the Cu(CQ) complex. Thus, CQ is able to capture metal ions from metal-associated  $A\beta$  species,<sup>11a</sup> but this metal chelation could not fully prevent the development of  $A\beta$ aggregation.

The bidentate ligand CQ has been known as an inhibitor and/or resolubilizer of metal-triggered A $\beta$  aggregates upon its metal coordination. The effects of CQ on A $\beta$  aggregation have been visualized by the ThT and turbidity assays generally employed. The present work, however, suggests that these methods may not be suitable for determining the degree of metal-assisted or metal-free A $\beta$  aggregation in the presence of CQ because the windows of analyses interfere with the absorptions of CO and its corresponding metal complexes. Following this, our reinvestigation on the influence of CQ on  $A\beta$  aggregation using TEM, BCA protein analysis, CD, and UV-vis demonstrate that it chelates metal ions from metal-A $\beta$  species and causes conformational transformation of A $\beta$  aggregates. The compound CQ, however, assists in the partial disaggregation of metal-induced A $\beta$  aggregates and limited inhibition of their formation in vitro. Still, the significant effects of CQ on the modulation of neurotoxic  $\vec{A\beta}$  species and the reduction of  $A\beta$  plaque deposits in vivo, reported previously,<sup>5,11,12,18</sup> remain unclear. One possibility is that metal chelation by CQ may generate a less toxic species of A $\beta$  and could be efficient at regulating metal-ion homeostasis, consequently activating matrix metalloproteases that would degrade  $A\beta$ .<sup>5,11,27</sup>

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**Supporting Information Available:** Experimental procedures and Figures S1–S7. This material is available free of charge via the Internet at http://pubs.acs.org.

<sup>(26)</sup> After 24 h of incubation, less soluble A $\beta$  species are still indicated in the CQ-treated samples of metal-A $\beta$  (~30%) over those of the metal-free A $\beta$  (60–70%).

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